

News from Ulster County Executive Mike Hein

FOR IMMEDIATE RELEASE

COUNTY EXECUTIVE HAILS NATIONAL TRAILS DAY IN ULSTER COUNTY

Kingston, NY (June 5, 2009) - Citing the magnificent network of trails throughout Ulster County, County Executive Mike Hein encourages residents and visitors alike to help celebrate National Trails Day, in Ulster County.

"Our County, our local communities and a countless number of volunteers have invested a lot of time, money and energy in creating what is one of the best trail networks in the region. I encourage everyone to get out on our trails and enjoy the exercise, beautiful natural settings and magnificent views," said the County Executive.

In Ulster County, there are local events at the Hurley Rail Trail and the Walkill Valley Rail Trail. On the Hudson, which is a "River Trail," we are celebrating River Day organized by the Hudson River Maritime Museum as a day long celebration to kick off "River Week." The day concludes with the First Saturday openings of all the galleries in Kingston in what has truly become Ulster County's "Art Trail."

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June 6th, National Trails Day was originally established in 1993 and has grown to include about 3,000 trail-themed events across the country. The day was established to promote public awareness and appreciation for America's trails.

According to the National Association of Homebuilders, the most desired amenity of prospective buyers is walking and jogging trails – over swimming pools and exercise rooms. The group surveyed people nationwide and found that trails were preferred 57 percent of the time.

More information on National Trails Day events planned in Ulster County can be found online at: www.hurleyrailtrail.blogspot.com, www.gorailtrail.com and www.americanhiking.org

The benefits will go beyond tomorrow, because this is "River Week" on the Hudson for the Quadricentennial. As part of River Week, June 10th is the day the regatta of the Half Moon will be passing through the county, and there will be many viewing spots along the Hudson. Information is available at: www.exploreny400.com/riverday.aspx

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