

Access: Supports for Living • 368 Broadway, Suite 201 Kingston

Social Clubs are open to people 18+ years old with mental health or substance use needs. Walk-ins are welcome 10 am – 6 pm, Monday–Friday. Call: 888-750-2266. Hablamos Español.

Community • Connections • Discovery

	<p>Our new Social Clubs are a way for you to:</p> <ul style="list-style-type: none"> • relax • enjoy coffee, tea, and a snack • connect with others • take part in engaging group activities • reach your goals
Daily 	<p>Coffee, Community, and Conversations Monday–Friday • Opens 10 am</p> <p>Pop in for a cup of Joe, a spot of tea, and a light snack. If the door is open, we're open! Connect, chat, and enjoy good company in a comfortable setting.</p>
Monday and Friday 	<p>Creative Connections • Monday and Friday • 1 pm</p> <p>Art. Journaling. Crafting. Creating. Take time to explore your creative side, and find new ways to reduce stress through hands-on activities.</p>
Tuesday 	<p>Career Cafe (Employment and Education) • Tuesday 11 am</p> <p>Ready to look for a job or continue your education? Need support in keeping your job? We got you covered!</p>
Tuesday 	<p>Coping and Wellness • Tuesday • 4:30</p> <p>Explore strategies for managing daily life.</p>
Wednesday 	<p>Hope and Healing • Wednesday • 12 pm</p> <p>Substance use recovery support.</p>
Wednesday 	<p>Gain Confidence through Conversations • Weds • 3 pm</p> <p>Practice, share tips, and cheer each other on in this group designed to help members feel more at ease and confident when talking with others.</p>
Thursday 	<p>Men's Circle • Thursday • 2 pm</p> <p>A safe, respectful space for men to share experiences, talk openly about challenges and successes, build connections and community, and support each other's growth and well-being. It's about listening, learning, and creating a sense of belonging.</p>