

Access: Supports for Living • 368 Broadway, Suite 201 Kingston

Social Clubs are open to people 18+ years old with mental health or substance use needs. Walk-ins are welcome 10 am – 6 pm, Monday–Friday. Call: 888-750-2266. Hablamos Español.

Community • Connections • Discovery



Our new Social Clubs are a way for you to:

- relax
- enjoy coffee, tea, and a snack
- connect with others
- take part in engaging group activities
- reach your goals

Daily



Coffee, Community, and Conversations

Monday–Friday • Opens 10 am

Pop in for a cup of Joe, a spot of tea, and a light snack. If the door is open, we're open! Connect, chat, and enjoy good company in a comfortable setting.

**Monday
and
Friday**



Creative Connections • Monday and Friday • 1 pm

Art. Journaling. Crafting. Creating. Take time to explore your creative side, and find new ways to reduce stress through hands-on activities.

Tuesday



Career Cafe (Employment and Education) • Tuesday 11 am

Ready to look for a job or continue your education? Need support in keeping your job? We got you covered!

Tuesday



Coping and Wellness • Tuesday • 4:30

Explore strategies for managing daily life.

Wednesday



Hope and Healing • Wednesday • 12 pm

Substance use recovery support.

Wednesday



Gain Confidence through Conversations • Weds • 3 pm

Practice, share tips, and cheer each other on in this group designed to help members feel more at ease and confident when talking with others.

Thursday



Men's Circle • Thursday • 2 pm

A safe, respectful space for men to share experiences, talk openly about challenges and successes, build connections and community, and support each other's growth and well-being. It's about listening, learning, and creating a sense of belonging.